Discounts help save on everyday costs

GreyStone Power brings you



Youth Tour delegates' dreams soar

Members manage own accounts and save



January 2015



Miller's

GreyStone's Safety Accreditation Observation conducted by Georgia Electric Membership Corporation has been completed. GreyStone received the highest Safety Accreditation Score ever awarded by Georgia EMC, a perfect score of 110 percent.

How do you score more than 100 percent? Besides the full week observation, Georgia EMC made two unannounced site visits earlier in the year. During all three visits, they did not find a single safety discrepancy! That resulted in 10 percent in bonus points.

I am so pleased to lead employees who work hard every day to make GreyStone a safe place. Through their commit-

ment, we have nearly 250
employees looking
for safety issues every
day! The members of
our Safety Steering
Team, our Safety and
Loss Control Director and the head of
Operations are also
instrumental in keeping GreyStone safe.
Safety of our members and employees is, and always will be, our top priority.

— Gary

Gary Miller, President/CEO

Students aspire to dream bigger

By AMANDA BUSBY, Editor

For nearly 50 years, more than 50,000 students have traveled to our nation's capital and experienced a once-in-a-lifetime opportunity to see the foundation of our country. Electric cooperatives, like GreyStone Power, have invested both time and money into the leaders of tomorrow by offering them the chance to participate in the Washington Youth Tour (WYT).

Each year, high school juniors are recognized and recommended by their school counselors based on their exemplary academic achievements and leadership potential. Last spring, 60 students in the GreyStone service area accepted the challenge to test for a chance to become a WYT delegate

and travel to Washington, D.C., for a weeklong, all-expenses-paid trip, as well as the opportunity to rediscover themselves.

"Because of this tour, I now aspire to do wonderful things, to dream bigger dreams and to support those around me with a passion," shares Agi Jallow, one of the five 2014 GreyStone Power delegates.

This year, more than 1,600 students from 43 states attended. GreyStone delegates (as seen below, from left) Agi Jallow, of Alexander High School; Rhiannon Delgado, of Paulding County High School; Francesca Noelette, of North Paulding County High School; Caroline Basch,



of East Paulding High School; and Grace Essien, of New Manchester High School, were among the 109 students representing Georgia.

Delegates not only learn lessons in leadership, but also about the electric cooperative movement, American history and how their government works. These students witness our country's history firsthand as they visit national landmarks, tour the nation's capital and museums, and even talk to their local congressman.

"I learned so much from meeting my congressman that I could never have learned through the media. I am now considering applying for an internship at the Capitol," explains GreyStone delegate Caroline Basch.

In 1957, Sen. Lyndon Johnson envisioned beginning the WYT. He expressed his desire at the National Rural Electric Cooperative Association (NRECA) Annual Meeting to "send youngsters to the national capital where they can actually see what the flag stands for and represents."

Since that time, it has become a primary goal of the WYT to help co-ops promote stonger communities and a stronger nation by giving as many young people as possible the ability



to make meaningful, lifelong contributions to their communities.

"I am somewhat of a quiet person, and this trip has inspired me to get out of my comfort zone and have a say in what goes on in my school and community," shares GreyStone delegate Grace Essien.

GreyStone has participated in the WYT program for 48 years. Each year, GreyStone representatives visit participating schools within the service area and present the program to the counselors and the students they have selected as school leaders. Students are given study materials, then asked to test on that material at the GreyStone office. A sense of accomplishment can be seen on the winners' faces as their names are announced at a banquet in the students' honor.

"The highest scores win! It's a simple, but hard process. The students selected by their counselors are the 'cream of the crop' from their schools and because of the unique opportunity before them, we want to offer them a challenge—one that they know they have worked hard to earn," says GreyStone Public Relations and Communications Coordinator Ashley Kramer.

Today, WYT alumni, prospective participants and others interested in the program can visit the Youth Tour website, www.youthtour.coop, to learn about its history or reconnect with fellow WYT alumni.

To learn more about the WYT or for student participation information, contact your school counselor or call 770-370-2600.

Fill 'er up ... or pay as you go

Isn't it something? You get in the car to go somewhere and realize you're out of gas. Payday is just a few days away and you don't want to fill up the tank because you may need money for something else. A car can't run on fumes, so you put in \$20 to last until payday. You have just satisified two needs... gas to operate the car and money in your pocket for other needs or wants.

Did you know you can do the same thing with the electricity in your house? You can fill up your meter the same way you do your gas tank by paying for your usage up front. Pre-paid metering allows you to manage your energy use and keep your account current.

Even though the economy is

getting better, for many of us, paying on a weekly or bi-weekly basis would work better for our family rather than making one large payment each month. Having the ability to monitor your use daily with the mobile app or at myusage. com, is the same as watching the gas gauge in your car. No more monthly surprises when you open your bill!

Say goodbye to deposits, late fees, disconnect and reconnect fees. Pay what you want, when you want. If your account gets low, you will receive a low balance alert via the method you choose (email, text or phone call), allowing you the time to

purchase more electricity before your supply runs out. You will be in control of how much you pay.

Members who have chosen this option have become more energy conscious, and they have seen their bills decrease. Are you ready to do the same?

For more information about prepaid metering and how it can help you and your family, visit *greystone* power.com or call 770-942-6576.

Ask the Expert Ourself

Energy efficiency opportunities for GreyStone members were numerous in 2014 as GreyStone hosted multiple energy efficiency seminars. In April and November, members attended our popular EE101. The same seminar was hosted in September at Serenbe in Chattahoochee Hills, where members had the opportunity to become better educated on how to manage their home's energy use. In August, for the first time, GreyStone hosted a Solar 101 seminar, with 90 members attending. This seminar presented an opportunity for members to hear from solar industry professionals on current home solar trends and opportunities. A video of the seminar is available on our website for viewina.

In October, our 77th Annual Meeting of Members once again offered an Energy Efficiency Expo, which included contractor displays on insulation, heating and cooling equipment, energyefficient windows, appliances, solar power and more to help members make energy-saving decisions for their homes. Special EE101 mini-sessions were also held in the Expo to further educate members.

All registered members received an LED lightbulb as a gift, rated at 11 watts. The bulb is equal to a 60-watt incandescent bulb that is no longer available per government regulations. These new LED bulbs remain expensive (\$10-\$14) compared to CFL bulbs. Over time, this price will decrease and LEDs



Mark your calendar for our next EE101 on April 14, 2015! To register or for more information, call 770-370-2252.

Rudy Echols Energy Services Manager

will prove to be a better product than the CFL bulbs.

Looking ahead to 2015, EE101 seminars will be offered on April 14 and Nov. 10 at GreyStone. For reservations or more information on energy efficiency programs, including free home energy audits, visit greystone power.com or call 770-370-2070.

In the meantime, don't forget to change your filter regularly (check it monthly during winter and summer seasons and change when dirty). Most people would benefit by using disposable pleated filters, which have more surface area and will trap very small particles, including pollen and mold allergens. Dirty filters can significantly increase energy costs and decrease comfort levels in the home. And last, remember that you should have your heating and cooling system serviced annually by a licensed heating and cooling contractor. This contractor is best equipped to find and fix any energy-draining heating and cooling problems.

DIY top three

- Replace dirty filters with new disposable pleated filters.
- Service your heating and **2.** cooling equipment annually by a licensed HVAC contractor.
- Sign up for the next EE101 seminar on April 14 at GreyStone.



GET EQUIPPED WITH DO-IT-YOURSELF **SKILLS AND LOWER** YOUR ENERGY BILL

UPCOMING SEMINARS

EE101:

Tuesday, April 14, 2015 Tuesday, Nov. 10, 2015 6:30-8:30 p.m. GreyStone Power Auditorium 4040 Bankhead Hwy. Douglasville

Seats are limited, so reserve yours now! Seminar is for adults only. No children, please, as they may disturb someone else trying to learn.

For more information call 770-370-2070 or visit greystonepower.com.



Continued on page D

onnections® Care



Have you noticed that as we get older, we need vitamins or medicine to keep our body healthy and functional? Whether it's to maintain health or to help our bodies recover from an illness, many of us fill or refill prescriptions on a regular basis.

For many, the need for prescriptions present a hardship. The rising cost of medicines today and the lack of insurance to cover them often result in a member not getting what they need when they need it. The economy is on the rebound, but many families are still struggling.

As a member of GreyStone Power, we make it a point to look out for you. In addition to providing the most reliable electric service at the lowest possible cost, we also offer members the benefits that come with owning the Co-op Connections® Card (CCC).

"I just got my card and have already saved money! My husband and I were elated. I saved \$250 at the Publix Pharmacy! We never imagined the savings would be that enormous. We are super satisfied with the benefits and look

forward to saving more in the future," shares GreyStone member Judy Palmer.

Since GreyStone joined the program in October 2007, our members have saved over \$1.8 million at the pharmacy just by using their card. Add that figure to the nationwide cooperative total, and it brings the pharmacy savings to over \$81 million! By using the card at your local pharmacy, you'll be able to get 10 to 85 percent off your prescription drugs at over 60,000 locations, including national and regional pharmacy chains.

Want to see how your prescription cost compares? Test it and check prices! Visit the Healthy Savings tab at connections.coop to compare drug prices and locate a pharmacy near you. You can also call 800-800-7616 for prescription discount information.

The CCC program offers you even more benefits! With the Healthy Savings program, you can save with discounts on dental, vision, hearing, chiropractic, lab and imaging. Let this all-in-one card help you save money on your needed prescriptions and more!

As a GreyStone member, you are connected to even more valuable discounts from hundreds of local and national retailers including dining, shopping, automotive, professional services, travel and more!

Take advantage of the savings today. Join in on the savings and call 770-370-2273 to request your card! To learn more about the various CCC programs and get the most up-to-date business discount listing, visit online at connections.coop/greystonepower.

Welcome new businesses!

Halcyon Bodyworks, Inc.

Douglasville 678-594-3827 10% discount on any service and retail products.

Pampered Chef — Brenda Spain Douglasville 404-625-6780 Free shipping on all orders (\$5.25 value); 10% discount on all orders over \$50.

Pharmacy savings help in crunch



prescriptions

45% of rural residents on Medicare lack prescription coverage, a far higher percentage than the 31% of those without coverage in urban and suburban areas.

Through the Co-op Connections Card program, cooperative members have already saved over \$80,000,000 on their prescriptions.

Rural residents without prescription

> Urban and suburban residents without prescription coverage

The one card that does it all

Mill Town Music Hall

Infinity Renovation and Handyman Service, LLC

Stallings Insurance Agency

Douglasville 678-805-0071 Visit office and show card to receive a free gift with your free quote.

Ronald Smith Heating & Air

Life Care Medical Weight Loss Center

The Curiosity Shoppe

Douglasville 678-715-9995 15% off any one item not already on sale.

Avon by Andrea

Dallas770-900-7129 10% off each order; 15% off if customer picks up order.

Beautycounter by Heather McKay

Stevi B's Pizza

EarQ Family Hearing Plan

Legal Shield

Avon/Tammy Ellis

Trowers Dream Academy

InfoQuest

Vineyard Streetball Classic, Inc.

The Children's Dental Group

Co-op Connections Care

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Amirakal Marketing

Fayetteville678-545-6276 5% off printing; 10% off promotional products and apparel orders.

Your Fired Creations

Douglasville678-324-6128 10% off product or service.

Studio T

Douglasville404-468-5670 10% off rental. Card must be shown at time of reservation.

Chapel Hill Shoe Doctor

Douglasville678-602-1020 10% discount on shoe repair services only.

To print a complete listing of participating businesses, visit the CCC page of *greystonepower.com*. If you don't see your favorite business listed, refer them to the program! They will simply need to complete and return the participation agreement. For additional questions about participation, call 770-370-2436.

Ready to get your card? Call us today at 770-370-2273 to request yours.

Save Every Day



on the everyday things and get more out of life.









Employees making a difference

Over the years, there have been many stories of GreyStone employees making a difference in the lives of others through a simple act of compassion or selflessness. Safety, and the concern for others, is a primary focus at GreyStone. Employees are constantly reminded to always be on guard for any situation deemed unsafe, and if safely able, to do something about it.

This past November, we were proud to have two employees do just that. They were honored with the Georgia Electric Membership Corportaion Life Saving Award at the organization's annual meeting in Savannah. Chris Foust and Leroy Perryman displayed compassion as they acknowledged the safety situation at hand and took action to make a difference.

While on vacation at a water park with his family, Foust noticed a woman who could not swim in the pool at the base of a slide in the deep water. The lifeguard was tending to someone else, so Chris quickly jumped to her aid, assisting her in keeping her head afloat until they safely made it to the side of the pool.

At the annual Fourth of July parade, Perryman discovered a child was left alone sleeping in a hot car while family members enjoyed the parade. With the temperature already at 85 degrees outside, he became persistent with the family to get the child out of the car and even went with them to ensure they did.



Award winners, from left: Leroy Perryman and Chris Foust.

The statewide Life Saving Award was established to recognize EMC employees whose quick thinking and actions are instrumental in safeguarding others from dangerous. We are honored to have these men and many other employees that also live by the same standard as part of our team.

BBQ-BACON PARTY SPREAD

Ingredients:

2 packages PHILADELPHIA Neufchatel Cheese, softened (8 ounces each)

1/2 cup KRAFT Thick & Spicy Barbecue

1 package OSCAR MAYER Real Bacon Recipe pieces (2.8 ounces)

1 small tomato, chopped

1/2 cup chopped green peppers

2 green onions, sliced

1-1/2 cups KRAFT 2% Milk Shredded **Cheddar Cheese**

Woven wheat crackers or tortilla chips

Step 1: Spread the Neufchatel cheese onto a large platter or bottom of a 12inch pizza pan; drizzle with barbecue sauce.

Step 2: Top with bacon, vegetables and cheddar cheese.

Step 3: Serve with crackers, scoopshaped corn chips or tortilla chips.

Flavor twist: Prepare as directed, substituting chili sauce or TACO BELL® Thick & Chunky Salsa for the barbecue sauce and/or add a layer of finely chopped



lettuce, celery or OSCAR MAYER Bologna for the spread. Enjoy! Source: *kraftrecipes.com*

For more fabulous recipes, visit us at pinterest.com/greystonepower.



WE ARE ALL UP TO THE CHALLENGE.

When we work together, using energy wisely and saving money go hand in hand. Learn more about the power of your electric co-op membership at TogetherWeSave.com



TOGETHERWESAVE.COM



CO-OP CHAMPIONS

During a storm, they're our heroes. Today, they're our champions. The GreyStone team of Tony Brown, Patrick LeCroy, Josh Jones and coach Matt Ingram recently won first place for the third year in a row in the electric membership cooperative (EMC) division at the International Lineman's Rodeo in Kansas. The men competed with 31 other co-op journeyman linemen teams to win the EMC title and also placed third overall in competition with 203 other teams from around the world.

Making their victory even sweeter, GreyStone linemen once again broke the myth that it was impossible to win using fall arrest devices which made climbing more difficult, yet kept them safer, in keeping with GreyStone's commitment to the safety of its linemen.

In addition to the EMC division winners, a second linemen team of Derek Carruth, Tim Costner, and Jack Rider, coached by Matt Orr, placed fifth in the rural electric co-op division.

Congratulations to these heroes and champions, who provide reliable electricity to GreyStone Power members every day!



The team of Tony Brown, Patrick LeCroy and Josh Jones took home first place in the electric membership cooperative (EMC) division and third place overall with the help of coach Matt Ingram.



greystonepower.com





