Discounts help save on everyday costs

GreyStone Power brings you

Youth Tour delegates’ dreams soar

Members manage own accounts and save
For nearly 50 years, more than 50,000 students have traveled to our nation’s capital and experienced a once-in-a-lifetime opportunity to see the foundation of our country. Electric cooperatives, like GreyStone Power, have invested both time and money into the leaders of tomorrow by offering them the chance to participate in the Washington Youth Tour (WYT).

Each year, high school juniors are recognized and recommended by their school counselors based on their exemplary academic achievements and leadership potential. Last spring, 60 students in the GreyStone service area accepted the challenge to test for a chance to become a WYT delegate and travel to Washington, D.C., for a weeklong, all-expenses-paid trip, as well as the opportunity to rediscover themselves.

“Because of this tour, I now aspire to do wonderful things, to dream bigger dreams and to support those around me with a passion,” shares Agi Jallow, one of the five 2014 GreyStone Power delegates.

This year, more than 1,600 students from 43 states attended. GreyStone delegates (as seen below, from left) Agi Jallow, of Alexander High School; Rhiannon Delgado, of Paulding County High School; Francesca Noelette, of North Paulding County High School; Caroline Basch,
of East Paulding High School; and Grace Essien, of New Manchester High School, were among the 109 students representing Georgia.

Delegates not only learn lessons in leadership, but also about the electric cooperative movement, American history and how their government works. These students witness our country’s history firsthand as they visit national landmarks, tour the nation’s capital and museums, and even talk to their local congressman.

“I learned so much from meeting my congressman that I could never have learned through the media. I am now considering applying for an internship at the Capitol,” explains GreyStone delegate Caroline Basch.

In 1957, Sen. Lyndon Johnson envisioned beginning the WYT. He expressed his desire at the National Rural Electric Cooperative Association (NRECA) Annual Meeting to “send youngsters to the national capital where they can actually see what the flag stands for and represents.”

Since that time, it has become a primary goal of the WYT to help co-ops promote stronger communities and a stronger nation by giving as many young people as possible the ability to make meaningful, lifelong contributions to their communities.

“I am somewhat of a quiet person, and this trip has inspired me to get out of my comfort zone and have a say in what goes on in my school and community,” shares GreyStone delegate Grace Essien.

GreyStone has participated in the WYT program for 48 years. Each year, GreyStone representatives visit participating schools within the service area and present the program to the counselors and the students they have selected as school leaders. Students are given study materials, then asked to test on that material at the GreyStone office. A sense of accomplishment can be seen on the winners’ faces as their names are announced at a banquet in the students’ honor.

The highest scores win! It’s a simple, but hard process. The students selected by their counselors are the ‘cream of the crop’ from their schools and because of the unique opportunity before them, we want to offer them a challenge—one that they know they have worked hard to earn,” says GreyStone Public Relations and Communications Coordinator Ashley Kramer.

Today, WYT alumni, prospective participants and others interested in the program can visit the Youth Tour website, www.youthtour.coop, to learn about its history or reconnect with fellow WYT alumni.

To learn more about the WYT or for student participation information, contact your school counselor or call 770-370-2600.

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**Fill ’er up ... or pay as you go**

Isn’t it something? You get in the car to go somewhere and realize you’re out of gas. Payday is just a few days away and you don’t want to fill up the tank because you may need money for something else. A car can’t run on fumes, so you put in $20 to last until payday. You have just satisfied two needs... gas to operate the car and money in your pocket for other needs or wants.

Did you know you can do the same thing with the electricity in your house? You can fill up your meter the same way you do your gas tank by paying for your usage up front. Pre-paid metering allows you to manage your energy use and keep your account current.

Even though the economy is getting better, for many of us, paying on a weekly or bi-weekly basis would work better for our family rather than making one large payment each month. Having the ability to monitor your use daily with the mobile app or at myusage.com, is the same as watching the gas gauge in your car. No more monthly surprises when you open your bill!

Say goodbye to deposits, late fees, disconnect and reconnect fees. Pay what you want, when you want. If your account gets low, you will receive a low balance alert via the method you choose (email, text or phone call), allowing you the time to purchase more electricity before your supply runs out. You will be in control of how much you pay.

Members who have chosen this option have become more energy conscious, and they have seen their bills decrease. Are you ready to do the same?

For more information about pre-paid metering and how it can help you and your family, visit greystonepower.com or call 770-942-6576.
Energy efficiency opportunities for GreyStone members were numerous in 2014 as GreyStone hosted multiple energy efficiency seminars. In April and November, members attended our popular EE101. The same seminar was hosted in September at Serenbe in Chattahoochee Hills, where members had the opportunity to become better educated on how to manage their home’s energy use. In August, for the first time, GreyStone hosted a Solar 101 seminar, with 90 members attending. This seminar presented an opportunity for members to hear from solar industry professionals on current home solar trends and opportunities. A video of the seminar is available on our website for viewing.

In October, our 77th Annual Meeting of Members once again offered an Energy Efficiency Expo, which included contractor displays on insulation, heating and cooling equipment, energy-efficient windows, appliances, solar power and more to help members make energy-saving decisions for their homes. Special EE101 mini-sessions were also held in the Expo to further educate members.

All registered members received an LED lightbulb as a gift, rated at 11 watts. The bulb is equal to a 60-watt incandescent bulb that is no longer available per government regulations. These new LED bulbs remain expensive ($10-$14) compared to CFL bulbs. Over time, this price will decrease and LEDs will prove to be a better product than the CFL bulbs.

Looking ahead to 2015, EE101 seminars will be offered on April 14 and Nov. 10 at GreyStone. For reservations or more information on energy efficiency programs, including free home energy audits, visit greystonepower.com or call 770-370-2070.

In the meantime, don’t forget to change your filter regularly (check it monthly during winter and summer seasons and change when dirty). Most people would benefit by using disposable pleated filters, which have more surface area and will trap very small particles, including pollen and mold allergens. Dirty filters can significantly increase energy costs and decrease comfort levels in the home. And last, remember that you should have your heating and cooling system serviced annually by a licensed heating and cooling contractor. This contractor is best equipped to find and fix any energy-draining heating and cooling problems.

**DIY top three**

1. **Replace dirty filters with new disposable pleated filters.**
2. **Service your heating and cooling equipment annually by a licensed HVAC contractor.**
3. **Sign up for the next EE101 seminar on April 14 at GreyStone.**

Mark your calendar for our next EE101 on April 14, 2015! To register or for more information, call 770-370-2252.

**Rudy Echols**
Energy Services Manager

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**GET EQUIPPED WITH DO-IT-YOURSELF SKILLS AND LOWER YOUR ENERGY BILL**

**UPCOMING SEMINARS**

**EE101:**
Tuesday, April 14, 2015 and Tuesday, Nov. 10, 2015
6:30-8:30 p.m.
GreyStone Power Auditorium
4040 Bankhead Hwy.
Douglasville

Seats are limited, so reserve yours now! Seminar is for adults only. No children, please, as they may disturb someone else trying to learn.

For more information call 770-370-2070 or visit greystonepower.com.
Have you noticed that as we get older, we need vitamins or medicine to keep our body healthy and functional? Whether it’s to maintain health or to help our bodies recover from an illness, many of us fill or refill prescriptions on a regular basis.

For many, the need for prescriptions presents a hardship. The rising cost of medicines today and the lack of insurance to cover them often result in a member not getting what they need when they need it. The economy is on the rebound, but many families are still struggling.

As a member of GreyStone Power, we make it a point to look out for you. In addition to providing the most reliable electric service at the lowest possible cost, we also offer members the benefits that come with owning the Co-op Connections® Card (CCC).

“I just got my card and have already saved money! My husband and I were elated. I saved $250 at the Publix Pharmacy! We never imagined the savings would be that enormous. We are super satisfied with the benefits and look forward to saving more in the future,” shares GreyStone member Judy Palmer.

Since GreyStone joined the program in October 2007, our members have saved over $1.8 million at the pharmacy just by using their card. Add that figure to the nationwide cooperative total, and it brings the pharmacy savings to over $81 million! By using the card at your local pharmacy, you’ll be able to get 10 to 85 percent off your prescription drugs at over 60,000 locations, including national and regional pharmacy chains.

Want to see how your prescription cost compares? Test it and check prices! Visit the Healthy Savings tab at connectios.coop to compare drug prices and locate a pharmacy near you. You can also call 800-800-7616 for prescription discount information.

The CCC program offers you even more benefits! With the Healthy Savings program, you can save with discounts on dental, vision, hearing, chiropractic, lab and imaging. Let this all-in-one card help you save money on your needed prescriptions and more!

As a GreyStone member, you are connected to even more valuable discounts from hundreds of local and national retailers including dining, shopping, automotive, professional services, travel and more!

Take advantage of the savings today. Join in on the savings and call 770-370-2273 to request your card! To learn more about the various CCC programs and get the most up-to-date business discount listing, visit online at connections.coop/greystonepower.

Welcome new businesses!

Halcyon Bodyworks, Inc.
Douglasville . . . . . . . . . . . . . 678-594-3827
10% discount on any service and retail products.

Pampered Chef — Brenda Spain
Douglasville . . . . . . . . . . . . . 404-625-6780
Free shipping on all orders ($5.25 value); 10% discount on all orders over $50.

Pharmacy savings help in crunch
The one card that does it all

Mill Town Music Hall
Bremen .................. .770-537-6455
$5 off ticket price. Use promo code GREYSTONE at the time of your purchase. Avoid service charges by calling the box office during office hours.

Infinity Renovation and Handyman Service, LLC
Dallas ..................... .404-725-1494
$50 off any job of $250 or more. $100 off any job of $750 or more. Discount is for labor only.

Stallings Insurance Agency
Douglasville .................. 678-805-0071
Visit office and show card to receive a free gift with your free quote.

Ronald Smith Heating & Air
Lithia Springs ............ .770-819-9897
$25 off new Smith Comfort precision tuneup, professional cleaning and safety inspections for A/C and furnace with one-year agreement.

Life Care Medical Weight Loss Center
Douglasville .................. 770-949-9810
20% off all services.

The Curiosity Shoppe
Douglasville .................. 678-715-9995
15% off any one item not already on sale.

Avon by Andrea
Dallas ..................... .770-900-7129
10% off each order; 15% off if customer picks up order.

Beautycounter by Heather McKay
Dallas ..................... .678-383-0694
10% off orders of $100 or more.

Stevi B’s Pizza
Douglasville ............. .678-229-5400
One free kid’s drink with the purchase of a kid’s buffet. Douglasville location only.

EarQ Family Hearing Plan
Atlanta ..................... .866-432-7500
35% off MSRP with a four-year warranty and free annual hearing checkups.

Legal Shield
Douglasville ............. .770-912-9193
$10 off membership fee for first time members.

Avon/Tammy Ellis
Powder Springs ............. .770-222-1763
Free gift with first order.

Towers Dream Academy
Douglasville ............. .770-693-8892
10% discount on tutoring service.

Email Quest
Douglasville ............. .770-235-1664
20% discount on disaster preparedness training manual or on-site program when purchased online, using code 219534413 at time of purchase.

InfoQuest
Douglasville ............. .770-235-1664
20% discount on disaster preparedness training manual or on-site program when purchased online, using code 219534413 at time of purchase.

The Children’s Dental Group
Douglasville .......... .770-745-5886
First visit $99 for new patients, regularly $310. Covers exam, X-rays, cleaning and fluoride. Cash payments only.

Amirakal Marketing
Fayetteville ............. .678-545-6276
5% off printing; 10% off promotional products and apparel orders.

Your Fired Creations
Douglasville ............. .678-324-6128
10% off product or service.

Studio T
Douglasville ............. .404-468-5670
10% off rental. Card must be shown at time of reservation.

Chapel Hill Shoe Doctor
Douglasville ............. .678-602-1020
10% discount on shoe repair services only.

To print a complete listing of participating businesses, visit the CCC page of greystonepower.com. If you don’t see your favorite business listed, refer them to the program! They will simply need to complete and return the participation agreement. For additional questions about participation, call 770-370-2436. Ready to get your card? Call us today at 770-370-2273 to request yours.

Save Every Day
on the everyday things and get more out of life.

Find out what your FREE Co-op Connections® Member Benefits Card can do for you!
Employees making a difference

Over the years, there have been many stories of GreyStone employees making a difference in the lives of others through a simple act of compassion or selflessness. Safety, and the concern for others, is a primary focus at GreyStone. Employees are constantly reminded to always be on guard for any situation deemed unsafe, and if safely able, to do something about it.

This past November, we were proud to have two employees do just that. They were honored with the Georgia Electric Membership Corporation Life Saving Award at the organization’s annual meeting in Savannah. Chris Foust and Leroy Perryman displayed compassion as they acknowledged the safety situation at hand and took action to make a difference.

While on vacation at a water park with his family, Foust noticed a woman who could not swim in the pool at the base of a slide in the deep water. The lifeguard was tending to someone else, so Chris quickly jumped to her aid, assisting her in keeping her head afloat until they safely made it to the side of the pool.

At the annual Fourth of July parade, Perryman discovered a child was left alone sleeping in a hot car while family members enjoyed the parade. With the temperature already at 85 degrees outside, he became persistent with the family to get the child out of the car and even went with them to ensure they did.

Award winners, from left: Leroy Perryman and Chris Foust.

The statewide Life Saving Award was established to recognize EMC employees whose quick thinking and actions are instrumental in safeguarding others from dangerous. We are honored to have these men and many other employees that also live by the same standard as part of our team.

BBQ-BACON PARTY SPREAD

Ingredients:
2 packages PHILADELPHIA Neufchatel Cheese, softened (8 ounces each)
1/2 cup KRAFT Thick & Spicy Barbecue Sauce
1 package OSCAR MAYER Real Bacon Recipe pieces (2.8 ounces)
1 small tomato, chopped
1/2 cup chopped green peppers
2 green onions, sliced
1-1/2 cups KRAFT 2% Milk Shredded Cheddar Cheese
Woven wheat crackers or tortilla chips

Step 1: Spread the Neufchatel cheese onto a large platter or bottom of a 12-inch pizza pan; drizzle with barbecue sauce.

Step 2: Top with bacon, vegetables and cheddar cheese.

Step 3: Serve with crackers, scoop-shaped corn chips or tortilla chips.

Flavor twist: Prepare as directed, substituting chili sauce or TACO BELL® Thick & Chunky Salsa for the barbecue sauce and/or add a layer of finely chopped lettuce, celery or OSCAR MAYER Bologna for the spread. Enjoy!

Source: kraftrecipes.com

For more fabulous recipes, visit us at pinterest.com/greystonepower.
During a storm, they’re our heroes. Today, they’re our champions. The GreyStone team of Tony Brown, Patrick LeCroy, Josh Jones and coach Matt Ingram recently won first place for the third year in a row in the electric membership cooperative (EMC) division at the International Lineman’s Rodeo in Kansas. The men competed with 31 other co-op journeyman linemen teams to win the EMC title and also placed third overall in competition with 203 other teams from around the world.

Making their victory even sweeter, GreyStone linemen once again broke the myth that it was impossible to win using fall arrest devices which made climbing more difficult, yet kept them safer, in keeping with GreyStone’s commitment to the safety of its linemen.

In addition to the EMC division winners, a second linemen team of Derek Carruth, Tim Costner, and Jack Rider, coached by Matt Orr, placed fifth in the rural electric co-op division.

Congratulations to these heroes and champions, who provide reliable electricity to GreyStone Power members every day!

The team of Tony Brown, Patrick LeCroy and Josh Jones took home first place in the electric membership cooperative (EMC) division and third place overall with the help of coach Matt Ingram.